



BFAIR *BUZZ*

Summer 2017





Increased activity, drinking more water, eating fruits and veggies – sign us up! At BFAIR, we had several teams participating in this year's **Mayor's Fitness Challenge**. Teams were comprised of staff and program participants. While each team took it seriously (with maybe just a little fun like zip lining, tie dying t-shirts, and recipe swaps), one team stood out from the crowd. The **BFAIR Roberts Drive Team 1** was the overall winner of the MFC for **Healthiest Worksite!** The team won a lunch from Wild Oats and an on-site wellness workshop from Berkshire Health Systems! Everyone is looking forward to continuing the healthy lifestyle changes. Thanks to the Northern Berkshire Community Coalition for organizing!



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Walk ^{2nd} Annual for Independence

June 24 • Adams on the Ashuwillticook Rail Trail
Berkshire Family & Individual Resources

While the day may have started off with rain showers, and nearly 100 walkers and over \$19,000 raised, we are confident that the 2nd Annual Walk for Independence ended as a sun shining success!

At the finish of the Walk, participants enjoyed a BBQ sponsored in part by UNICO and entertainment by local musician Opie Grandchamp and Omer Black, magician extraordinaire! With loads of great raffle prizes donated by local businesses, the day saw many winners.



**We certainly have all of our
sponsors to thank for their
continuous and generous support!**

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Welcome to **GLENDALE ROAD**



THE NEWLY BUILT HOME (BFAIR'S FIRST ORIGINAL CONSTRUCTION project) is completely accessible. With two large bathrooms capable of accommodating shower chairs, large living areas, a sun room, private rooms with double sized exterior exit doors, and concrete walkways around the property, all of the residents can easily enjoy the space.

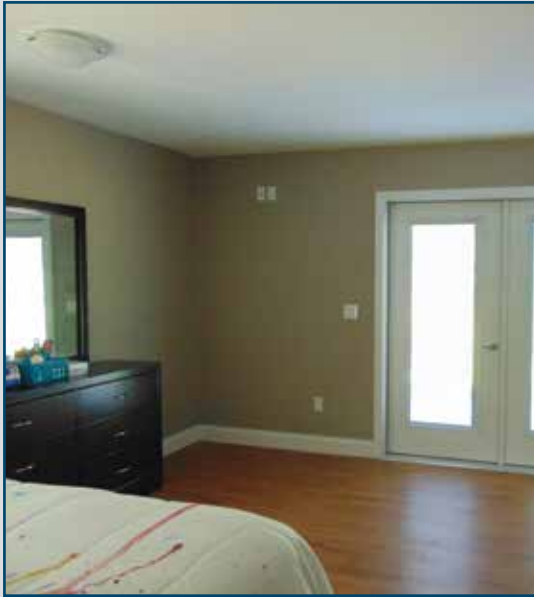


Earlier this month, four residents were able to call Glendale Road in Northampton “home”, and we couldn’t be happier. Meredith, Beth, Joe, and Doug were are previously living in long term care facilities. Their lives had changed drastically after an acquired brain injury. And this month, they all saw more change, but for the better.

As for BFAIR’s first venture outside of the Berkshire Mountains, it has been nothing short

of awesome! With membership in the Greater Northampton Chamber of Commerce, BFAIR has made professional relationships in the region. Additionally, Michelle Carleton, our Northampton & Westfield Region Program Coordinator, has worked with our HR team and hired eighteen staff for the home.

Stay tuned for more from Glendale and the Valley!



Cruisin'

How are you spending your summer? Jena, who lives in a home share as part of BFAIR's Adult Family Care program, kicked-off summer on the high seas! Departing from NYC on June 3rd, Jena cruised to Port Canaveral, Florida, Nassau, Bahamas, and to the private island of Great Stirrup Cay. Her days were busy! Jena said her favorite parts of the trip included a visit to the wax museum and a dolphin encounter, where she was able to feed, pet, and swim with dolphins! But at the end of the day, her most enjoyable activity was the ocean breeze and view from her balcony room.



Take Me Out to the Ballgame



Let's play ball! The Pet Resort at the Pittsfield Veterinary Hospital was on the mound on July 5th to throw out the first pitch of the Pittsfield Suns' game – and BFAIR employment crew member Margaret was just the pitcher to do it! While animal lover Margaret usually spends her days at The Pet Resort cleaning and caring for her furry friends, she and her coworkers were invited to toss the first pitch for the Suns. Guess this brings new meaning to the dog days of summer!



With summer in full swing, there's no reason not to be at the lake – Windsor Lake in North Adams! And while you're taking in the views, floating in your kayak, or cooling off with a dip, **The Snack Attack** is open for business for all of your concession needs (a cold drink, snack, or ice cream bar). And don't miss **Concerts at the Lake on Wednesday nights!** The Snack Attack stays open late on Wednesday evening until the concert is over. And, the special during the concerts is the **Shark Pack for only \$10** – four soft drinks, a bag of tortilla chips, and a jar of salsa or nacho cheese! Head to the lake and enjoy!

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Pittsfield Employment Crew

Our Pittsfield Employment Crew was busy lending a helping hand recently at The Christian Center. While this team was sorting clothing and shoes that were donated, our employment crews and CBDS participants spend their days doing all kinds of great work. Whether a paid employment opportunity or a community volunteering outing, our eager program participants know how to get the job done! Have a job or volunteer opportunity in mind that we could help with? Contact us today!

join our team

BFAIR is looking to expand and strengthen our team of dedicated professionals. Interested in joining us? Currently, we are offering an amazing recruiting bonus for our West Stockbridge residential staff, but also have positions located throughout the Berkshires (and beyond with our new home now open in Northampton). Visit our website for a full listing of job opportunities or contact our recruiter, Melanie Moran, at 413.664.9382 ext. 41 or mmoran@bfair.org